

2011 Timetable for Pilates Courses

Kidlington - St Thomas More School, Monday evenings
7pm and 8pm

Somerton – Village Hall, Tuesday evenings at 6.45pm
except the 2nd Tuesday of the month when the class moves to a
Thursday evening

Middleton Stoney – Village Hall, Tuesday evenings 8pm

**Chesterton – Chesterton Primary School, Wednesday
evenings**
6.30pm and 7.30pm

**Middleton Stoney – Village Hall, Sunday mornings
9.30-10.30am**

**Courses run for 6 weeks and payment is due by week 1 of a
course.**

**Private classes are a great way of keeping fit around your
family/work commitments and held in your home at times to
suit you. Please telephone me for details on 07970 81 6979.**

**Taster sessions run in conjunction with local authority
schemes, please email for information relating to dates and
venues.**