

## Waxing

### Using warm wax

Full leg including feet and toes	£27.50
Full leg including bikini, feet and toes	£36.00
Half leg including knees, feet and toes	£17.50
Bikini line 'v' shape only	£12.00
Bikini line and abdomen	£15.00*
Underarms	£7.50*
Forearms	£15.00
Upper lip and chin	£11.00
Eyebrows	£8.00*
<i>*hot wax please add</i>	£3.00

## Male Grooming

### Waxing or clippers

Chest area	£20
Back	£20

Should you wish to cancel an appointment a minimum 24 hours notice is required.

*Missed appointments will incur a charge.*

*Price list is valid from 1st February 2011.*

## Time for you... Time to relax... Time to reflect

All treatments available are timed to enable you to relax and unwind in warm and inviting treatment rooms located midway between Kidlington and Bicester.

I am able to offer appointments to suit the busiest of people with convenient parking available at my premises. I only use high quality brand products such as OPI nail polishes to ensure excellent long lasting results and purchase Aromatherapy oils from specialist companies.

Promotions are often available to give clients an opportunity to try different treatments so please do check my website regularly  
**[www.timetorelect.co.uk](http://www.timetorelect.co.uk)**

Vouchers are available for all treatments and you receive 15% off your next treatment for introducing someone new to me.



Weston on the Green  
Bicester, Oxon OX25 3QP

Tel: 0797 081 6979

Email: [terri@timetorelect.net](mailto:terri@timetorelect.net)  
Web: [www.timetorelect.co.uk](http://www.timetorelect.co.uk)

## Time to Reflect

### Complementary Therapies



Time for you...  
Time to relax... Time to reflect...

# Time for you...

## Massage

### Swedish

Relaxing, soothing and aids lymphatic drainage

Full body £40.00

Back £25.00

### Aromatherapy

Let the essential oils do the work £43.00

### Deep tissue

Focuses on tense muscles releases knots and improves flexibility

£45.00



### Hot stones

Wonderful for de-stressing £55.00

### Sports

Ideal after a workout, stretches muscles and releases joints.

30 mins £32.00

45 mins £38.00

1 Hour 30 mins approx £45.00

# Time to relax...



### Cupping

Ideal for very tight muscles - can be used as part of a general massage or a separate treatment.

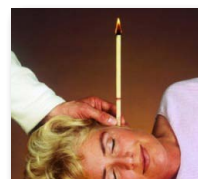
Add £8.00 to massage treatment or £28.00 per half hour treatment.

### Indian head

Very relaxing, non invasive treatment. Areas covered are shoulders, neck, head, face. Very good for sinus conditions. £27.00



## Complementary Therapies



### Hopi ear candles

Gently removes ear wax, soothes sinuses after a cold £25.00

### Reiki

Non-invasive but extremely relaxing and calming. Very spiritual treatment.

Takes approximately 1 hour £30.00

### Reflexology

Feet represent the whole person and this treatment re-balances you both physically and emotionally. £28.00

# Time to reflect...



## Nail Treatments

### Manicure

Treatment of nails, massage and polish. £25.00

For nail art please add £1.00 - £2.00 depending on choice of artwork.

### Luxury manicure

Nail treatment using warm paraffin wax to moisturise & heated mitts to nourish skin. £35.00

### Pedicure

Includes hard skin removal, nail preparation, massage and polish. £28.00

### Luxury pedicure

Nail treatment, hard skin removal, paraffin wax & heated socks to moisturise and nourish skin. £35.00



## Time to reflect

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